



# HARVARD SQUARE

 A WATERMARK RETIREMENT COMMUNITY

**INDEPENDENT LIVING**  
**ASSISTED LIVING • MEMORY CARE**

# REDEFINING SENIOR LIVING

Over 30 years of experience have taught us that today's seniors want more choices and are leading a more active lifestyle than generations before. That's why we created a community filled with options, from affordable studio apartments to spacious two-bedroom suites, great cuisine and fun events plus Watermark University mind and body fitness classes. It's all part of our culture of choice.

**IT'S NOT WHAT YOU'D EXPECT, AND THAT'S THE WHOLE POINT.**



Tastefully appointed restaurant

Large outdoor dining room  
and deck

Private dining room  
for entertaining

Full-service beauty salon  
and barber shop

Laundry rooms

Gift and sundry shop

Well-stocked library

Billiards room

Resident emergency  
response system

Spacious, beautifully  
landscaped grounds

Pet-friendly environment

# AN OPTION FOR EVERY APPETITE



We believe that dining should be a delicious experience every day! That's why Harvard Square offers a variety of upscale selections to comfort food favorites that are prepared daily by our culinary team who use only the freshest ingredients.

Our elegant in-house restaurant and dining program provides you with private dining rooms to entertain your family and guests any night of the week, or choose to enjoy your meal in our large outdoor dining room and deck. Of course if you love to cook, why not have a few friendly neighbors over to share your favorite dish? At Harvard Square, the choice is yours.



Elegant dining room

Beautiful patio with  
stunning views

Private dining room  
for entertaining

Restaurant style breakfast, lunch  
and dinner

Heart healthy selections

Catering services

Room service

# MIND AND BODY WELLNESS

Stimulating the mind and strengthening the body has enormous benefits at any age. That's why we created Watermark University. You'll love having unlimited access to all of our mind and body fitness classes just steps from your door. Our course catalog is chock full of fun classes from *Chair Yoga* to *Painting 101*, *Intro to Bridge* and dozens more, so you can learn (or teach) something new every day. These classes aren't just for residents. Call for your copy of our current course catalog and enroll in a class or two today.



Intro to Wii Bowling  
Brain Games  
Sports Talk  
History of Colorado  
Chef Demo  
Music and Movement  
Wellness Round Table

# INDEPENDENT LIVING

Trade the headaches of home maintenance, countless bills to pay and endless errands for the lifestyle you deserve. Enjoy the fun side of life in a vibrant, lively community filled with outstanding associates who know more than just your name. We know your preferences and we love exceeding every expectation. Our residential options run the gamut from spacious studio apartments to gorgeous two-bedroom, two-bathroom suites. Visit us and discover great people, a beautiful environment, fantastic food and so much more.

You can have it all, in a simple monthly rental with no buy-in requirements. Give us a call to schedule a visit to see for yourself.



- Delicious and healthy chef-prepared meals
- Resident emergency response system
- Watermark University classes
- Weekly housekeeping and linen service
- Scheduled transportation services
- Senior wellness programs
- Guest accommodations

# ASSISTED LIVING

When it comes to Assisted Living at The Inn, we're not what you'd expect. No cookie cutter apartments, associates in scrubs, or boring, stereotypical activities. Here, you'll enjoy a varied calendar of programs and outings plus top notch care tailored to your needs, on your schedule – not ours, 24 hours per day. Why wait to get a taste of the Harvard Square lifestyle? Try us out for a short-term stay. Enjoy a fully furnished guest apartment, fantastic food made just how you like it, outstanding care and assistance if and when you need it, and (perhaps the best part of all) fun with friendly neighbors. While you're here, why not treat yourself to a salon service or a community outing to the Wild Animal Sanctuary?

Whether residents need assistance with day-to-day activities, help getting to appointments or a little more joy in their day, the caregivers at Harvard Square are committed to making it happen.



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# A NEW KIND OF MEMORY CARE

At Harvard Square, we're borrowing from the traditions of the multigenerational households and local bed & breakfasts to create a place where everyone feels right at home. Suites are comfortable, filled with bright colors, soft natural light and high-end finishes. Common areas such as living rooms, patios, libraries and kitchens are only a few steps away. Meals are cooked right in the kitchen, and anyone can roll up their sleeves to help prepare the meal. Just like home, this household revolves around the kitchen table, where food and conversation connect residents, associates, friends and family.

24-hour staffing with specially trained memory care experts with certification through the National Council of Certified Dementia Practitioners (NCCDP)

Three nutritious family style meals where families and friends are welcome

Personal pantry program for each resident's favorite foods

Healthy snacks available all day, every day

Structured and spontaneous activities specifically tailored to each individual

Extraordinary outings that you would never expect in a memory care community

Residential environment with family photographs, keepsakes and personal histories

Beautiful outdoor patios

Private and semiprivate suites

Housekeeping, linen and laundry services

Maintenance services



# MEET THE NAYAS



The word *Naya* comes from the ancient language of Classical Sanskrit and is based on being engaged in the present moment. A Naya is a guide, person of wisdom, conductor and leader. These terms truly define our caregivers. In perfect alignment with our universal care model, being mindfully engaged in each moment cultivates a sense of well-being, community, spontaneity and creativity. In traditional senior-living models, care is divided between several associates who interact with a resident only within their particular area of limited duties. This not only results in reduced continuity, it prevents associates from seeing the big picture of each resident's well-being. Because our Nayas spend the day with residents, they notice the early signs of concern that might otherwise go unseen. Nayas know if residents have a good appetite, how well they slept and when they last exercised or participated in a new program. They can observe how individuals react to a change in type or dosage of medicine or a new therapy. Understanding the big picture results in a healthier, happier, more connected lifestyle.





The background is a solid dark blue color. Overlaid on this are several light blue, semi-transparent decorative elements. These include a large, wide, sweeping arc that starts from the left edge and curves towards the right. Below this, there are more intricate, swirling lines that form a stylized, organic shape, possibly resembling a leaf or a calligraphic flourish. The overall aesthetic is clean, modern, and professional.

Creating extraordinary communities where people **thrive.**<sup>®</sup>



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